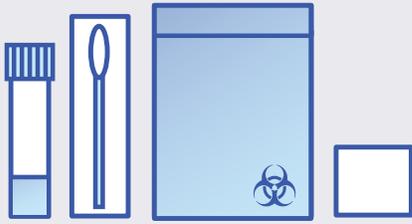




# Universal Nasal Home Collection Kit Instructions



### Each kit bag contains:

One (1) transport vial containing media, one (1) swab, one (1) biosafety bag, and one (1) absorbent pad.

*Kit materials may differ in appearance based on what supplies are available at a given time.*

### Drop Box Locations:

- > UNH Manchester: Outside Front Entrance of 88 Commercial Street
- > UNH Law: Inside Main Lobby of 2 White Street

1



### Watch the Instructional Video

Visit [www.unh.edu/covidtest](http://www.unh.edu/covidtest) and watch the instructional video. Note: Manchester/Concord only utilizes one label on the vial (not bag).

2



### Label

Fill out one barcode label with the date and time. You should receive a sheet of personalized labels when you pick up your kits.

3



### Prepare

Affix one label on the vial only.

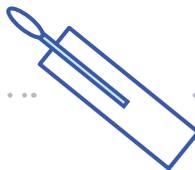
4



### Prior to Test

Wash hands with soap and water for 20 seconds and dry, or use hand sanitizer.

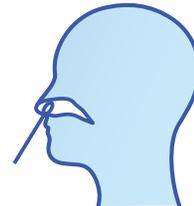
5



### Prep for Collection

Remove swab from packaging.

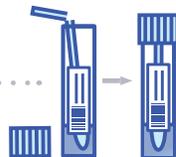
6



### Sampling

Gently and slowly swab the inside of your nostril for 15 seconds (as shown in the video). Repeat in the other nostril.

7



### Swab Securing

Place the swab sample (tip down) in the vial. Snap the swab handle by bending it firmly against the lip of the vial and dispose of the remaining piece. Screw the lid to the vial to seal securely.

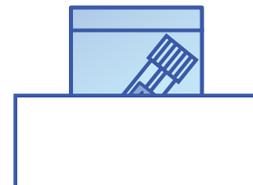
8



### Sample Securing

Place the sealed tube in the biosafety bag along with the absorbent pad and seal the bag. (In some kits, the absorbent pad may already be inside the biosafety bag.)

9



### Sample Drop-Off

Drop the sealed biosafety bag in the secured drop box at any collection point within 24 hours of sample collection.



## What happens if I test positive for COVID-19?

- > UNH Health & Wellness will contact you with further instructions. They will also contact you daily to monitor your symptoms.
- > The New Hampshire Department of Health and Human Services will contact you to begin contact tracing.
- > You will have the option to quarantine either at home or in an isolation hall on campus.
- > You will be required to isolate for 10 days, be fever free for 24 hours without fever-reducing medicine and be symptom-free before being released (based upon CDC guidelines).
- > Health & Wellness will help you connect with Academic Affairs to answer questions about classes.



## What happens if I forget to drop off my self-test sample on time?

- > An email notification will be sent notifying you that you have not dropped off your testing sample.
- > You will have 24 hours from your original testing drop off time to drop off a testing sample.
- > If the testing sample is not dropped off within the extended time allotted, a meeting with a COVID Incident Response Team member is required. Also, you will be required to self-isolate until your next testing period.
- > **If a second failure to test occurs, you will be required to leave the UNH campus and continue your semester online.**



## Other frequently asked questions

### What happens if the test tube leaks when I flip it over to check the seal?

You need to complete a new testing sample.

### What is the absorbent pad for?

The absorbent pad is included to soak up spilled liquid in the event a sample leaks. This helps protect lab workers and prevents the contamination of other samples.

### How will I get more test kits when I run out?

Test kits will be provided periodically throughout the semester, but you will not be given any extra. If your sample has been compromised or a kit is no longer usable, please contact Health & Wellness at (603)-862-9355.

### What happens if I am experiencing COVID-19 related symptoms?

You should self-isolate immediately and call Health & Wellness at (603) 862-9355 to be evaluated.

### If I am required to stay in an isolation hall how will I eat?

UNH Dining will prepare boxed meals and deliver them to your door. They will take into consideration dietary needs.

## Helpful links

For more information: <https://manchester.unh.edu/coronavirus-covid-19-updates>

For all COVID-19 related academic concerns contact the Associate Dean of your college.



Scan for a link to the COVID  
Incident Reporting Form.