Each kit bag contains:
One (1) transport vial containing media, one (1) swab, one (1) biosafety bag, and one (1) absorbent pad. *Kit materials may differ in appearance based on what supplies are available at a given time.*

1. **Watch the Instructional Video**
   Visit www.unh.edu/covidtest and watch the instructional video.

2. **Label**
   Fill out one barcode label with the date and time of sample collection. You should receive a sheet of personalized labels when you pick up your kits.

3. **Prepare**
   Affix one label on the vial. Cover the barcode that is already on the vial.
   *You no longer need to place a label on the biosafety bag.*

4. **Prior to Test**
   Wash hands with soap and water for 20 seconds and dry, or use hand sanitizer.

5. **Prep for Collection**
   Remove swab from packaging. Open from the side opposite the swab tip.

6. **Sampling**
   Rotate the swab in one nostril for 15 seconds (as shown in the video).

7. **Sampling**
   Rotate the swab in the other nostril for 15 seconds.

8. **Swab Securing**
   Place the swab (tip down) in the vial. Snap the swab handle by bending it firmly against the lip of the vial and dispose of the remaining piece. Screw the lid on the vial to seal securely. Make sure the top of the handle sits below the lip of the vial so the handle is not bent when the lid is sealed. NEVER fold the swab handle over to fit it in the vial.

9. **Sample Securing**
   Place the sealed tube in the biosafety bag along with the absorbent pad and seal the bag. (In some kits, the absorbent pad may already be inside the biosafety bag.)

10. **Sample Drop-Off**
    Drop the sealed biosafety bag in the secured drop box at any collection point within 2 hours of sample collection. Please use the drop boxes located on the campus where you received your kits (e.g., if you received your kits in Durham, please use the Durham drop boxes).
**Frequently asked questions**

**What happens if I test positive for COVID-19?**
- UNH Health & Wellness will contact you with further instructions. They will also contact you daily to monitor your symptoms, either by voice call, text or email.
- Health & Wellness will help you connect with Academic Affairs to answer questions about classes.

**What happens if I forget to drop off my self-test sample on time?**
- In order to maintain a valid Wildcat Pass, you must test in accordance with your testing schedule. Failure to do so could result in conduct charges through the Office of Community Standard.

**How can I report my vaccination status?**
- You can upload a vaccine card at covid-19.unh.edu/UploadVaccine.html.

**What happens if the test tube leaks when I flip it over to check the seal?**
- You need to complete a new testing sample.

**What if my sample spills, is rejected, or I’ve run out of test?**
- Test kits will be provided periodically throughout the semester, but you will not be given any extra. If your sample has been compromised or a kit is no longer usable, please contact Health & Wellness at (603)-862-9355.

**What is the absorbent pad for?**
- The absorbent pad is included to soak up spilled liquid in the event a sample leaks. This helps protects lab workers and prevents the contamination of other samples.

**What happens if I am experiencing COVID-19 related symptoms?**
- You should self-isolate immediately and call Health & Wellness at (603) 862-9355 to be evaluated.

**How will I eat if I am required to stay in an isolation hall?**
- UNH Dining will prepare boxed meals and deliver them to you. They will take into consideration dietary needs.

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**Test kit drop box locations:**

**Durham Campus**
- A-Lot tunnel
- Dimond Library: Under the front covered walkway
- Hamel Recreation Center: Lobby
- Health & Wellness: Inside main entrance
- Holloway Commons (HoCo): By turnstiles inside main door
- Kingsbury: Albert’s Café Lobby
- MUB: 213 COVID Office
- Philbrook Dining Hall: By turnstiles inside main door
- Stillings Dining Hall: Main entrance (locks Friday at noon)
- West Edge Hut

**UNH Manchester Campus**
- Outside Front Entrance of 88 Commercial Street

**UNH School of Law Campus**
- Outside Main Lobby of 2 White Street

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**Additional drop box information:**

- Drop boxes will open by 9 am on Monday and be closed on Friday’s at 4 pm. (UNH Manchester drop box remains open at all times.)
- The last run of each day will be 4 pm. Anything left in the box (Monday – Thursday) after 4 pm will be processed the following day.
- Any samples left on top of or around a locked box (4 pm Friday – 9 am Monday) will be taken to the lab and immediately rejected.
- The lab will be closed on university holidays and all boxes will reopen by 9 am the next morning.

Visit www.unh.edu/covidtest for more details.

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**Contact information:**

Visit UNH Health & Wellness website for more information at www.unh.edu/health or contact covid@unh.edu.

For issues with your testing portal, contact unhcovidlab@unh.edu.

For all COVID related academic concerns, contact the Associate Dean of your college.

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[QR Code: COVID Incident Reporting Form tinyurl.com/UNHCovid]

[QR Code: Upload your vaccine card covid-19.unh.edu/UploadVaccine.html]

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