



THE GRANITE YMCA



University of New Hampshire at Manchester

# WILDCAT WELLNESS MEMBER APPLICATION

## WILDCAT WELLNESS MEMBER AT THE GRANITE YMCA

As a UNH Manchester student, your membership at The Granite YMCA is so much more than just extracurricular activities. Discover the unique community in your combined campus and all that the Y and UNH has to offer. We deliver comprehensive healthy living, learning, and fun experiences for members of all ages. As a participant in the Wildcat Wellness Program, you become a member of all five branches of The Granite YMCA with locations in Manchester, Goffstown, Londonderry, Rochester, and Portsmouth.

Student Type  FT at UNH M  PT at UNH M

*Please Note: only full time and part time students enrolled in an undergraduate degree program at the UNH Manchester campus are eligible for a free YMCA membership.*

Student Barcode \_\_\_\_\_

## PRIMARY CONTACT FOR THIS MEMBERSHIP

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender  Female  Male  \_\_\_\_\_ (Optional)

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_

Email ADDRESS \_\_\_\_\_

Employer \_\_\_\_\_

## EMERGENCY CONTACT

Name \_\_\_\_\_ Relationship \_\_\_\_\_ Home ( ) \_\_\_\_\_

Cell ( ) \_\_\_\_\_ Business ( ) \_\_\_\_\_

## CHECK YOUR TOP THREE PROGRAM INTERESTS

- |                                |                          |                               |                          |
|--------------------------------|--------------------------|-------------------------------|--------------------------|
| Group Fitness Classes          | <input type="checkbox"/> | Tennis                        | <input type="checkbox"/> |
| Group Cycling                  | <input type="checkbox"/> | Gymnastics/Dance              | <input type="checkbox"/> |
| Cardio/Strength Training Equip | <input type="checkbox"/> | Climbing Gym/Adventure        | <input type="checkbox"/> |
| Yoga/Meditation/Pilates        | <input type="checkbox"/> | First Aid, CPR, AED Trainings | <input type="checkbox"/> |
| Lap Swim                       | <input type="checkbox"/> | Nutrition Education Classes   | <input type="checkbox"/> |
| Water Exercise Classes         | <input type="checkbox"/> | Family Programs               | <input type="checkbox"/> |
| Swimming Lessons               | <input type="checkbox"/> | Camp                          | <input type="checkbox"/> |
| Sports/Leagues                 | <input type="checkbox"/> | Child Care                    | <input type="checkbox"/> |

## TELL US ABOUT YOUR CURRENT LEVEL OF ACTIVITY

- Non-exerciser starting for the first time
- Occasional exerciser
- Currently exercising at least 1-2x/week
- Currently exercising at least 3 or more x/week

**OFFICE USE ONLY**

Unit ID \_\_\_\_\_

Student Barcode \_\_\_\_\_

Sex Offender Registry

Student Barcode Verified

**RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT**

- In the event that a medical clearance must be obtained prior to the undersigned's participation at the Y, he/she agrees to consult with their physician and obtain written permission from him or her prior to commencing any Y program. Also, in consideration for being allowed to utilize the facilities and programs for any purpose, the undersigned agrees to assume the risk for such participation, and further agrees to hold harmless the Y and its staff members from any and all claims, suits, losses, or related causes of action for damages, including but not limited to such claims that may result from my injury or death, accidental or otherwise, during or arising in any way from a Y facility membership or program.
- The undersigned further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of New Hampshire and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue to full legal force and effect.
- Membership is subject to forfeiture for violation of association rules and regulations.

**IMPORTANT DETAILS TO NOTE**

\_\_\_\_\_ I understand that all Y promotional materials use photographs taken during actual programs. If I wish that my or my child's photo not be taken or used, I must give a written request to the program director.

\_\_\_\_\_ I have received a Membership Overview which includes our code of conduct and will review all membership information with other household individuals under this membership. Refer to our website ([www.graniteymca.org](http://www.graniteymca.org)) for complete membership handbook.

\_\_\_\_\_ I understand that my YMCA Wildcat Wellness membership remains active and in good standing as long as I, the enrolled UNH Manchester student, am enrolled and in good standing as a full time or part time degreed student.

Signature \_\_\_\_\_ Date \_\_\_\_\_